



CHILDBIRTH CHECKLIST

- Review personal identification, including driver licenses, passports, and bank, credit and investment account information, and make surname and/or titling changes as appropriate.
- Review health insurance coverage for mother and infant, and plan for any costs not covered by insurance.
- Review literature respecting birthing methods, nutrition and health of mother and infant, child-rearing advice.
- Enroll in childbirth, infant safety and any other child rearing classes that may be needed.
- Evaluate and select obstetrician, maternity hospital, birthing center, pediatrician, etc.
- Prepare nursery or other suitable home environment for infant. Prepare a list of items infant will need, e.g., crib, high chair, car seat.
- Contact infant car seat specialist, typically found in a local fire department, police department or area hospital, to verify that the infant car seat is correctly installed.
- If mother will return to work after childbirth, arrange for childcare services for infant. Prepare a list of your expectations for a child-care provider and share with caregiver.
- Review life insurance and disability insurance coverage on lives of father and mother and secure additional protection if needed in the event of a parent's premature death or disability; alter beneficiary designations on existing policies as needed.

- Alter, amend, or replace existing wills, trusts, or other planning documents as needed to provide for a guardian or guardians of the person and the property of minor children.

- Obtain social security number for infant, and passport if needed.

- Obtain and carefully maintain an immunization record for infant.

- Arrange life insurance coverage for child, if appropriate.

- Establish a savings account or investment fund to which contributions may be made periodically for the child's benefit. Examine college savings plans and evaluate education cost needs of child.

- Prepare other children for the new arrival.

- Update budget for new expenses and potential salary changes with any change in employment status of either parent.

- Evaluate eligibility for leave under the Family and Medical Leave Act and any similar state law.

- Discuss maternity leave pay and time frame with employer. Agree to any change in terms of employment after the baby is born.

- Make a contact list to inform friends and family of the new arrival. Compile addresses and emails for birth announcements to be sent.

- Examine federal and state income tax situation and availability of claiming new tax credits (e.g. child tax credit, adoption credit, etc.) or the dependency exemption.

This information is provided by American General Life Insurance Company (AGL) and The United States Life Insurance Company in the City of New York (US Life), members of American International Group, Inc. (AIG).

All companies mentioned, their employees, financial professionals, and other representatives, are not authorized to give legal, tax, or accounting, advice, including the drafting or execution of any legal document. Applicable laws and regulations are complex and subject to change. Any tax statements in this material are not intended to suggest the avoidance of U.S. federal, state or local tax penalties. AGL and US Life shall not be liable for any loss or damage caused by the use of, or reliance on, the tax, accounting, legal, investment or financial items contained in this material.

FOR FINANCIAL PROFESSIONAL USE ONLY-NOT FOR PUBLIC DISTRIBUTION

©2018-2019. All rights reserved.